

Ultrasound investigation

Ultrasound investigation, or sonography, looks at, measures and evaluates the shape, size, construction and structure of various organs as well as the direction and speed of blood flow in blood vessels. The investigation does not involve the use of X-rays. There are no contraindications to the investigation.

Before the investigation

We ask you to arrive **10 minutes before the appointment time.**

The investigation takes *ca* 10-20 minutes.

Preparation is not necessary for investigations of the neck, thyroid, soft tissues, joints and blood vessels.

For abdominal and/or pelvic region investigations:

- **Do not eat for 3-4 hours before the investigation.**
- You may take your daily medicinal products.
- Your urinary bladder must be full (an empty bladder cannot be assessed).
- It is not recommended to chew gum or drink carbonated drinks on the day of the investigation.
- Put on something light and comfortable that is easy to remove when needed.

During the investigation

During the investigation, you will have to lie on the procedure table. Clothing items must be removed from the investigation area and gel is spread onto the skin.

After the investigation

You may empty your bladder after the investigation if necessary. You can eat and drink as per usual.

Results

You will find out the results of the investigation from your physician. If you do not have an appointment or a call booked, contact the physician or department that referred you for the investigation.